



THE **ADAPTED RECREATION** PROGRAM

Inclusion Support for Parks & Recreation Programs

ABOUT THE PROGRAM

The City of Santa Barbara's Parks and Recreation Department is committed to providing safe, enjoyable, inclusive recreational opportunities for all including individuals with special needs. Parks and Recreation's **Adapted Recreation Program** provides both specialized and inclusive sports and recreation activities for children and adults of all ages and abilities. Participants are able to travel, play compete, stay active and make friends in a safe, supportive environment staffed by caring professionals.

After School Programs

In conjunction with the Santa Barbara Unified School District, the Parks and Recreation Department offers the **Recreation Afterschool Program** (also known as **RAP**) at Adams, Monroe, Roosevelt, and Washington Elementary Schools.

This program strives to give children with special needs the same recreation experiences as all other children. Inclusion support staff create opportunities for increased independence and socialization. Children of all abilities work together, adapt to each other's strengths and learn to understand and accept each other.

Summer Camps and Sports Clinics

There are many opportunities for children with special needs to attend camps and other programs offered throughout the year by Parks & Recreation.

Please refer to our **activity guide**, which is released twice a year (each March and August) to find out about our activities, and call the Adapted Recreation Program to discuss inclusion of your child.

Parks and Recreation Activity Guide
santabarbaraca.gov/activities

OUR PROCESS

It is the goal of the Adapted Recreation Program's assessment team to plan for reasonable and appropriate program accommodations for a positive recreational experience. This may or may not include extra supervision provided by an inclusion support staff. Here's how to get signed up...

1. Register for Activities. Registration must be received three weeks prior to program start in order to allow sufficient time for consultation between staff, assessment of the individual, evaluation of activity, level of supervision required and provision of staff. Participants requiring accommodations may need to provide additional information concerning their health or special need.

2. Get in Touch with the Adapted Recreation Program. Once you have registered contact the Adapted Programs Office to update your information. Let our well-trained staff help make your recreational experience safe and enjoyable.

CONTACT US

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CITY OF SANTA BARBARA PARKS AND RECREATION DEPARTMENT

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THIS HANDOUT IS ONLINE AT SANTABARBARACA.GOV/INCLUSIONFLYER | **SANTABARBARACA.GOV/ADAPTED**

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